

CURRICULUM VITA

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EDUCATION:

Year	Degree	Major	Institution
1997	MSHS	Nutrition	Texas A&M University– Kingsville
1991	BBA	Finance	Corpus Christi State University

INSTRUCTIONAL EXPERIENCE:

HMGT 1450	Principles of Nutrition
HMGT 2460	Nutrition Science (INET and Coursera)
HMGT 2460	Nutrition Science (residence lab)

PROFESSIONAL EXPERIENCE:

Beginning Date –

Ending Date	Position	Organization	Location
Aug. 2006 – Present	Owner/Consultant	Afflerbach Nutrition & Wellness	Sanger, TX
Sept. 2008 – Aug. 2011	Clinical Dietitian	Select Rehabilitation Hospital	Denton, TX
Nov. 2005 – Sept. 2007	Clinical Dietitian (P/T)	University Behavioral Health	Denton, TX
Aug. 2003 – Aug. 2006	Clinical Dietitian (P/T)	Denton Regional Medical Center	Denton, TX
Sept. 1999 – July 2003	Nutritionist III	Denton State School	Denton, TX
June 1996 – Jan. 1999	Clinical Dietitian	Alice Regional Hospital	Alice, TX
Feb. 1993 – July 1995	Bookkeeper (P/T)	Stone Ag Management	Robstown, TX
Feb. 1992 – Feb. 1993 TX	Accountant	USS Lexington Museum	Corpus Christi,

PROFESSIONAL ACTIVITIES:

Membership in Professional Organizations:

American Association of Family and Consumer Science	2023 – Present
Academy of Nutrition and Dietetics	1996 – Present
Texas Academy of Nutrition and Dietetics	1996 - Present
North Texas Academy of Nutrition and Dietetics	1999 – Present

Offices and Committee Assignments in Professional Organizations:

American Association of Family and Consumer Science	VP Presentations and Scholarship	2023 – Present
North Texas Dietetic Association	President	2008 – 2009
North Texas Dietetic Association	President – Elect	2007 – 2008

Additional:

Licensed Dietitian by State of Texas		1996 – Present
Registered Dietitian by Commission on Dietetic Registration		1996 – Present

COMMUNITY SERVICE:

Sanger ISD Board of Trustees	Secretary	2019 – Present
Sanger ISD Board of Trustees	Member	2017 – Present

UNIVERSITY COMMITTEES AND COUNCILS:**Beginning Date –****Ending Date****Name of Committee**

2023 – present	Oversight Committee of Core Curriculum – member
2022 - 2023	University Undergraduate Curriculum Committee – faculty chair
2022 – present	Non-Tenure Faculty Resource Group – leadership team
2017 – present	University Undergraduate Curriculum Committee - member
2013 – 2015	Core Curriculum Committee - member

SCHOOL/COLLEGE COMMITTEES AND COUNCILS:**Beginning Date –****Ending Date****Name of Committee**

Fall 2023 – Spring 2024	Undergraduate Committee – member
Fall 2022 – Spring 2023	Undergraduate Committee - member
Fall 2019 – Spring 2022	Undergraduate Committee - chair
Fall 2017 – Spring 2018	Undergraduate Committee - member
Fall 2016 – Spring 2017	Scholarship Committee - member
Fall 2015 – Spring 2016	Undergraduate Committee - member
Fall 2012 – Spring 2013	Undergraduate Committee - Chair
Fall 2011 – Spring 2012	Alumni Committee – Chair
Fall 2010 – Spring 2014	Scholarship Committee - member

DEPARTMENT/DIVISION COMMITTEES AND COUNCILS:**Beginning Date –****Ending Date****Name of Committee**

Fall 2017	Undergraduate Curriculum Committee - member
Fall 2013 – Spring 2014	Bylaws Committee – Chair

PUBLICATIONS AND CREATIVE ACTIVITIES:

Sept. 2022	Interview on Sirius XM about Over the Road Drivers and Nutrition/Diabetes
Mar. 2020	RTVF student documentary – interview on spicy foods
Oct. 2019	Interview with NT Daily on nutrition
Oct. 2018	NTTV video on Avoiding the Sugar Overload at Halloween
June 2018	Interview for Texas Lawyer Magazine on Healthy Eating While in Law School
Mar. 2018	Press Release for National Nutrition Month
Feb. 2018	Interview on Sirius XM about Over the Road Drivers and Food Choice
Nov. 2016	Interview for WBAP on Thanksgiving Day on Foods at Thanksgiving and Eating Healthy
Oct. 2016	Nutrition interview for NT Daily on State Fair foods
Mar. 2016	Nutrition interview for NT Daily on National Nutrition Month
Feb. 2016	Nutrition interview for Fort Worth Star Telegram on soups
Feb. 2016	Nutrition presentation for UNT Speech & Hearing Aphasia Group
Feb. 2016	Nutrition interview with RTVF student on research project

Jan. 2016	Nutrition presentation to faculty for Work, Life, Balance workshop at UNT
Oct. 2015	Textbook chapter review for Pearson publishing, <i>Nutrition An Applied Approach</i> , 4 th edition
Sept. 2015	Nutrition interview for NT Daily
Sept. 2015	Nutrition presentation to Leaders in Family Education at UNT
Oct. 2014	Nutrition interview with journalism student
May 2014	Nutrition presentation for UNT Speech & Hearing Stroke Support Group
Oct. 2013	Nutrition interview for NT Daily
Mar. 2013	Nutrition presentation to Kappa Kappa Gamma at UNT
Mar. 2012	Nutrition presentation to the Society for Health and Holistic Medicine at UNT
Mar. 2012	Nutrition interview for RTVF news program
Apr. 2012	Nutrition interview for RTVF student
Oct. 2012	Nutrition interview for RTVF student
Nov. 2012	Nutrition presentation to the Society for Health and Holistic Medicine at UNT
Feb. 2011	Nutrition presentation to Eagle Scholars
Feb. 2011	Nutrition interview for RTVF student
Oct. 2011	Healthy eating presentation to UNT Honors College students
Nov. 2011	Healthy eating presentation to Delta Phi Omega at UNT

ABSTRACTS, PROCEEDINGS AND PAPERS PRESENTED:

Afflerbach, A. & Connors, P. (April 2014). "College Students Nutrition Facts in a Series of Eat Healthy Lab Exercises", Texas Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition, Corpus Christi, TX.

Connors, P. & Afflerbach, A. (April 2013). "Familiarizing students with the U.S. nutrient database for standard reference through online exercises". <http://www.nutrientdataconf.org/> National Nutrient Databank Conference, Boston, MA.